

Words to Describe Yourself – positive adjectives

Feel Confident in Your Positive Qualities

Effective Qualities

Honest	Friendly	Dynamic	Confident
Assertive	Realistic	Hard Worker	Traditional
Attentive	Reliable	Persistent	Trustworthy
Direct	Resourceful	Mature	Unconventional
Broad-minded	Respectful	Methodical	Unique
Committed	Responsible	Motivated	Eclectic
Conscientious	Creative	Objective	Sociable
		Tenacious	

Positive Qualities

Inventive	Literate	Generous	Independent
Exciting	Logical	Sporty	With Integrity
Thoughtful	Initiator	Devoted	Mediator
Powerful	Original	Candid	Emotional
Practical	Outgoing	Rebellious	Cheerful
Proactive	Particular	Cooperative	Forgiving
Productive	Patient	Industrious	Sensuous
Professional	Active	Quirky	Interesting
Quality	Positive	Quixotic	Meditative
Balanced	Leader	Compassionate	Understanding
Achiever	Consistent	Incredible	Knowledgeable

More Effective Qualities

Optimistic	Talented	Sensible	Entrepreneurial
Accomplished	Team Player	Sincere	Facilitator
Adept	Fun	Skilled	Results-oriented
Analytical	Intelligent	Solid	Self-reliant
Articulate	Changeable	Communicative	Organised
Artistic	Passionate	Helpful	Knowledgeable
Self-Disciplined	Intense	Fast	Logical
Controversial	Intuitive	Responsible	Personable
Individual	Upbeat	Results-driven	Pleasant
Tolerant	Vibrant	Imaginative	Flexible
Naive	Funny	Warm	Adaptable
Green	Constructive	Ambitious	Persuasive
Unselfish	Customer-oriented	Diplomatic	Perceptive
Sophisticated	Dependable	Curious	Insightful
Stable	Direct	Leader	Trustworthy
Strong	Loyal	Social	Easy going
Successful	More Positive	Consciousness	Good listener
Tactful	Qualities	Modest	Open Minded
Focused	Competitive	Courageous	Wise
Genuine	Political	Enthusiastic	Sensitive
	Enterprising		